

# SEANNA KRYGER

## COOK INTERN



*"Being there is a lot different than just wanting to do it. Getting to actually have the chance to test out the job shows you the parts that you like and the parts that you don't like. I think RAP is a really great program and I encourage anyone who is interested to just to go for it and try it out."*

*"I did some culinary competitions at school, so my teacher suggested I get a job. I applied to RAP and got hired. It has helped me because I have never worked in an industrial kitchen before and I want to pursue a career in culinary arts. It has taught me a lot about kitchen etiquette, knife skills, and time management. All of the sous chefs and all of my coworkers are great, and I learn something new every day. RAP is a good way to introduce youth to the work world before they normally would have. I think I have benefited a lot from it and I think most people will as well. In the future I want to go to a culinary arts school and I am looking at a bachelor's in food studies. I just want to continue in something food related."*



CAREERS

TAKE  
ON THE  
FUTURE